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From Post 328 in Southfield

[Local
Events](#)

A listing of current events in and around the metro Detroit Area for and about Veterans, as of 2/9/17.

Special Notice: *If you are a veteran in emotional crisis and need help RIGHT NOW, call this toll-free number 1-800-273-8255, available 24/7, and tell them you are a veteran. All calls are confidential. Or text HELP to 838255*

Special Notice: *If you are a veteran in need of housing or are homeless contact the VA Homeless Veterans Hotline at 1-877-424-3838.*

ANNOUNCEMENTS!

"Sleep Apnea Machine" This is a relatively brand new machine that a friend would like to donate to a vet or family member that can use it. Please let me know and I'll pass the word on.
Tim

"Low Cost Piston Tickets" The IAVA is offering to vets discount tickets to a number of Piston games at the Palace. Cost is \$20 each to the following games. Click on the game you would like to attend to order.

- [Friday, February 10 starting at 7:30pm: San Antonio Spurs vs. Detroit Pistons](#)
- [Sunday, February 26 starting at 6pm: Boston Celtics vs. Detroit Pistons](#)
- [Saturday, March 11 starting at 5pm: New York Knicks vs. Detroit Pistons](#)
- [Sunday, March 19 starting at 4:30pm: Phoenix Suns vs. Detroit Pistons](#)
- [Monday, April 10 starting at 8pm: Washington Wizards vs. Detroit Pistons](#)

"Veterans & Social Security" This info might help some vets get an increase in your monthly SSA check. This only applies to veterans that served between 1957 & 1968 and who retired before 2002. Since the SSA uses the last 35 years of employment to determine how much your benefit will be, the vets in the mentioned group can have about \$12,000 added to their income summary for their years in the service. That could make a difference in how much your benefit check will be. For complete info see the [SSA webpage](#) dedicated to this issue.

EVENTS!

"Wednesday, February 15, 2017" The Macomb Community College Veterinary Program will be providing a long list of free services to veterans' dogs & cats, from 11AM till 3PM. For a complete list of free services see [flyer](#). This is by reservation only at 586-286-2096 or email to francisL@macomb.edu.

"Wednesday, February 15, 2017 (NEW)" Macomb County Veteran Services is offering FREE Federal & State Income tax assistance from 9AM till 5PM at the VFW, located at 8311 Wilson Dr, Shelby Twp. For an appointment call 586-469-6507. See [flyer](#) for more info.

"Wednesday, February 15, 2017 (NEW)" Veterans in Business is hosting its monthly meeting to assist veterans that own a business or just want to start one. This will be held at Level One Bank, 37100 Woodward, Bloomfield Twp, from 11:30 till 1:30PM. Lunch is included in this free meeting. For registration call Randy at 248-930-6420. See [flyer](#) for more info.

"Thursday, February 16, 2017 (NEW)" Soldier Angels is again hosting a Mobile Food Distribution at the American Legion, 19486 Sherwood, Detroit, from 12 till 2PM. You must register in advance at 210-629-0020. See [flyer](#) for more info.

"Saturday, February 18, 2017" Camp Liberty will be hosting its annual "Diamond & Spurs" Gala at the Laurel Manor, 39000 Schoolcraft Road, in Livonia from 4 till 10PM. Visit Camp Liberty for more information. See the registration flyer on their website for complete details for you which is also on line at <https://camp-liberty.org/event/diamonds-spurs-camp-liberty-gala/>.

"Saturday, February 18, 2017 (NEW)" The Bay City Roller Girls is hosting a fund raiser for Vets Returning Home at the Joe Dumars Fieldhouse, 45300 Mound Rd, Utica, starting at 6PM. Cost of tickets are \$11 in advance, \$12 at the door. The Bay City Rollers are playing against the Flint City Derby Girls. For more info see [flyer](#).

"Saturday, February 18, 2017" The Women Marines of MI will be holding another in their From Romeo with Love packing parties at the Romeo Masonic Temple Lodge 231 N Main St, Romeo, Michigan 48065, from 10AM till 2PM. From Mary Ann: "As you know we always are working to support the troops and make sure that they are taken care of. We have learned of other needs here within Macomb County. So we will work in Feb and throughout the year to address these needs of our active duty and veterans. For our deployed we are collecting our normal items of snack foods, candy, personal hygiene items. A full list will be posted. Be sure to check the posts. For our veterans at the VA Hospital we will be collecting Valentine Cards that will be delivered to those confined to the hospital. For our veterans in Macomb County we will be collecting non-perishable foods and canned goods. We have found that after the holidays that their shelves are pretty empty at the VVA 154 Food Pantry. Our junior enlisted as well as veterans in need utilize this pantry and the need is great. For our veterans and homeless veterans we have a group of volunteer women who crochet and knit who are willing to make scarves and hats throughout the year so that we can dress them in the warmth of our love and gratitude. We just need yarn to help defray the cost. Thank you for your total support."

"Friday, February 24, 2017" The Montford Detachment #158 of the Marine Corps League, is hosting its annual salute to the history of African American Marines. 6 till 1AM at the Karas House, 23632 Plymouth Rd, Redford. Donation is \$45. Lt General Ronald Bailer, USMC, will be the guest of honor. For more info see [flyer](#).

"Wednesday, March 1, 2017" Southfield VFW 2645 is hosting its monthly Spaghetti Dinner

social from 5 till 7PM at the post, 24222 W 9 Mile, Southfield, rear entrance. \$7 for a spaghetti dinner, one 2nd portion,=, garlic bread, & salad. For more info call Don at 248-971-5844 or see [flyer](#).

"Friday, March 3, 2017" The Ann Arbor VA Hospital is hosting its annual Military Appreciation Night with a reception starting at 5PM and then the a Hockey Game at the USA Hockey Arena, 14900 Beck Rd, Plymouth. Team USA will be playing the Waterloo Hockey Team starting at 7PM. Food, refreshments, etc. Free to all veterans and their families but you must RSVP to alwn.fyfe@va.gov or call 734-845-3429. See [flyer](#) for more info.

"Monday, March 6, 2017" Jewish Vocational Services is hosting an USA Jobs seminar at their location, 29699 Southfield Rd, Southfield, from 1 till 4PM. For more info see [flyer](#).

"Tuesday, March 7, 2017" Southfield Human Services will be hosting the first Tuesday of each month Training & Treatment Innovations, Inc., to provide supportive services to veterans that are homeless or at the risk of becoming homeless. This take place at Southfield City Hall, 26000 Evergreen, Southfield, from 1 till 3PM. This is open to all vets in Oakland, Macomb, Jackson, Saginaw, Lapeer, & Genesee Counties. For more info call 248-796-4540 or see [flyer](#).

"Saturday, March 11, 2017 (NEW)" Vets Returning Home is hosting its 3rd annual dinner Fundraiser at the Royalty House, 8201 E 13 Mile, Warren, starting at 6PM. Tickets are \$50 each. For tickets/tables call 586-216-8510. For more info see [flyer](#).

"Wednesday, March 15, 2017" The Macomb Community College Veterinary Program will be providing a long list of free services to veterans' dogs & cats, from 11AM till 3PM. For a complete list of free services see [flyer](#). This is by reservation only at 586-286-2096 or email to francisL@macomb.edu.

"Saturday, March 18, 2017" Michigan Women Veterans Empowerment is hosting "Healing through the Arts" art therapy workshop with master art therapist Roslyn Onickel, from Noon till 4PM, at Peace Center Art Gallery, 33 E Adams, Detroit. All vets are welcome. For more info see [flyer](#).

"Saturday, March 18, 2017" The Detroit VA Hospital, 4646 John R, Detroit, along with Hiring Our Heroes, is hosting a military hiring fair & career event from 12 till 3PM at the hospital. To preregister goto hiringourheroes.org. For more info on this event see [flyer](#).

"Saturday & Sunday, March 25 & 26, 2017" The [Motor City Hot Rod & Racing Show](#) will take place at the Suburban Showcase Collection, Grand River, Novi, from 10AM till 6PM Saturday, 10AM till 3PM Sunday. Proceeds benefiting the Fallen & Wounded Soldier Fund. There are numerous events for the car nut and special shows. For more info see [flyer](#). There are numerous prizes that can be won early by placing a bid or donating to the fund. See [FWSF PayPal sheet](#) for details.

"Sunday, April 2, 2017" The Michigan Military Technical & Historical Society (www.mimths.org) is hosting another in their lecture series and book review, "A Victim No More," A story of struggle, healing, and restoration by Sgt Stephanie J. Shannon - Best Selling Author of Battling the Storm Within and Founder and CEO of Michigan Women Veterans Empowerment. Takes place at the museum, Stevens Dr, Eastpointe, starting at 2PM. Admission by donation. See [flyer](#) for more info.

"Wednesday, April 5, 2017" Southfield VFW 2645 is hosting its monthly Spaghetti Dinner

social from 5 till 7PM at the post, 24222 W 9 Mile, Southfield, rear entrance. \$7 for a spaghetti dinner, one 2nd portion, garlic bread, & salad. For more info call Don at 248-971-5844 or see [flyer](#).

"Wednesday, April 19, 2017" The Macomb Community College Veterinary Program will be providing a long list of free services to veterans' dogs & cats, from 11AM till 3PM. For a complete list of free services see [flyer](#). This is by reservation only at 586-286-2096 or email to francisL@macomb.edu.

"Wednesday, May 3, 2017" Southfield VFW 2645 is hosting its monthly Spaghetti Dinner social from 5 till 7PM at the post, 24222 W 9 Mile, Southfield, rear entrance. \$7 for a spaghetti dinner, one 2nd portion, garlic bread, & salad. For more info call Don at 248-971-5844 or see [flyer](#).

"Friday, May 19, 2017 (NEW)" Operation Injured Soldiers is hosting its 8th annual golf outing at the Links of Novi, 50395 10 Mile, Novi, starting at 8:30AM. \$112.50 per golfer includes lunch, steak dinner. For more info call 248-437-3130 or see [flyer](#).

"Fallen & Wounded Soldier Fund" Established in 2006, the Fallen and Wounded Soldiers Fund (FWSF) is a Livonia, Mich.-based nonprofit, all-volunteer organization dedicated to helping those veterans (and their families) in Michigan who return from the Iran and Afghanistan campaigns and find themselves in need of financial support and assistance related to a variety of areas, from medical expenses to housing costs. FWSF members are a diverse collection of concerned people from Michigan's business and private sectors. For more information, please visit www.fwsf.org.

"Buddy-to-Buddy Volunteer Veteran Program" The [Buddy-to-Buddy](#) Program is a peer-to-peer outreach program that provides peer support and connection to resources for Michigan Post-9/11 service members and veterans. The program places Volunteer Veterans at MIARNG armories to offer resource linkage to current service members as well as places them in the community to help any veteran in need. Volunteers are trained to help veterans find resources for a variety of concerns, such as: financial, VA benefits, education, emotional challenges, substance abuse, legal, medical, or employment. This service is completely free and confidential. The program is part of the M-SPAN suite of programs serving military service members, veterans, and their families, funded by the Welcome Back Veterans initiative. For more information on volunteering or getting assistance from the program, visit www.buddytobuddy.org, call 1-888-82-BUDDY (28339), or email buddytobuddyvvp@umich.edu. Find us on Facebook at www.facebook.com/BuddytoBuddyProgram.

"Home Front Strong" HomeFront Strong is the sister program to Buddy-to-Buddy, and is designed just for spouses or partners of Post-9/11 service members and veterans. During an 8-week group, HomeFront Strong helps participants build positive coping strategies and connect with other military and veteran families. The group includes a free meal and a program for children and teenagers. For participants who can't attend a group, HomeFront Strong is also available online through a secure website. For more information, email Rebecca Couch at rligon@umich.edu or call (734) 998-2206

"Drug Rehab Info" Many veterans wrestle with stress from deployments to combat zones. The stressful military life coupled with injuries and illnesses puts them at an increased risk for substance use disorders. A growing number of veterans turn to drugs/alcohol to cope with the pressure of societal reintegration after the military. However, the U.S. Department of Veterans Affairs offers treatment plans to support veterans as they recover from substance use disorders. DrugRehab.com exists to educate visitors about drug addiction, recovery, co-occurring disorders

and other addiction-related topics by providing the latest information on trends, treatment options and support services for patients and their families. See website (<https://www.drugrehab.com/addiction/veterans/>) for more info.

"Project Healing Waters" The John Dingell VA Hospital is teaming up with Project Healing Waters to teach veterans the art of Fly Fishing in room B1290 from 10AM to Noon. This event will be held Wednesdays on the dates noted above. For more information you can contact Kelly Cousion at the VA at 313-576-1217, visit their website at [Project Healing Waters](#), or see attached flyer.

"Assistance for jobless Veterans" Are you a veteran and need a job? The State of Michigan has a veterans employment specialist located right here in Southfield at the John Grace Center, 21030 Indian St. The office is there to provide veterans with employment assistance; mainly providing them with the tools they need to search for jobs (positions) out in the community, as they partner with "Employment Services" at Michigan Works! Contact Mr. Fred Pittman at 248-796-4569 or email him at pittmanf@michigan.gov.

"Old Warrior Camp" Do you know a returning vet that needs some time to unwind and relax? In the Upper Peninsula of Michigan there is a camp where fishing, hunting, riding, etc., are all available for free. For more information go to <http://www.oldwarriorcamp.com> or email <mailto:thebulldogblevins@yahoo.com>

"Free Veteran Legal Clinic (Update)" Are you having issues with the VA? Need some legal help with all the VA paperwork? The University of Detroit-Mercy offers free legal services for veterans as part of their Project Salute, which is now in its 5th year of helping veterans. For more information contact U of D-M at 888-836-5294 or visit their website at <http://www.law.udmercy.edu/index.php/projectsalute>. Also see [attached flyer](#) for more information.

"Veterans History Project" The Southfield Veterans' Commission is currently working with the Library of Congress and the Southfield Public Library gathering interviews for the American History Series. We are asking all veterans to share their stories with everyone across the country. Currently interviews are being done every Wednesday afternoon at the Southfield Library. The veteran also receives a copy of the interview for their own family record on DVD. You do not need to be a Southfield resident to participate in this program. Veterans wishing to be interviewed need to contact us to schedule a date and time at the above phone number or email address so that the necessary paperwork can get started. You will need to sign a release form for the Library of Congress, the Southfield Public Library, complete a bio form, etc. As of June 2010 196 vets have been interviewed. More information on the Veterans History Project can be found at www.loc.gov/vets

"Veterans Aid & Assistance Program (Updated)" Are you taking care of a veteran? Have a veteran in a nursing home? Have the spouse of a veteran in a nursing home or taking care of at home? A little known program of the VA might be able to help. VA Program S-38 might be able to supply to you up to \$20,000 a year toward the care of a veteran or spouse, or widow of a veteran. Naturally there are qualifications to meet, more then can be covered here. Details on this program and assistance on how to apply can be found at www.veteranaid.org/index.php.

"New GI Bill" The Veterans Education Act of 2008 was passed last summer. This affects all veterans who have served since 9/11/01 and goes into affect on August 1, 2009. The American Legion is sponsoring a web site to provide information to current veterans on what this new program will provide. To find out more about the New GI Bill go to www.mygibill.org.

"Veteran Housing Project" Are you a disabled or a low income veteran and having problems cutting the weeds in your backyard, fixing a leaking sink, need a wheelchair ramp installed, etc. The Oakland County chapter of the Rebuilding Together program may be able to help. Their volunteers will come to your house, cut your weeds, fix that leak, build you a wheelchair ramp. For more information goto <http://www.rebuildingtogether.org/content/organization/detail/743/>, see attached flyer, or call Mr. Jerry McKay at 248-889-5450.

"Social Security Benefits for Wounded Veterans" If you are a disabled veteran, and receiving benefits from the VA, you may still be entitled to extra benefits from the Social Security Administration. For more information check with the Social Security Administration local office or goto: <http://www.socialsecurity.gov/woundedwarriors/>

"Social Security Benefits for Vets prior to 1967" In many cases veterans that served prior to 1967 did not get full credit for their service with the Social Security Administration. If you are retiring be sure to take a copy of your DD-214 to the SSA office. If you are retired take a copy of your discharge papers to the SSA to get your earning record corrected. This might mean more per month for you.

"Free Tuition for Returning Vets" Western Michigan University's trustees have initiated a Returning Veterans Tuition Assistance Program designed to help recently discharged veterans with the cost of college. The program waives tuition for the first semester on campus. The current cost for a semester of tuition for a typical full time student is \$3,088. Eligible veterans must begin school at Western Michigan University within six months of discharge from active duty for purposes other than training. Contact Western Michigan University for more information.

"Combat Veterans Program (Update)" The John D. Dingell VA Medical Center has a team of providers who specialize in the assessment and treatment of Post Traumatic Stress Disorder (PTSD). The mission of the PTSD Clinical Team (PCT) is to provide comprehensive, individualized, and state-of-the art treatment for veterans who have been impacted by traumatic events that occurred during military service. The program provides assessment for PTSD, education, group and individual therapy, and assistance with connecting to other needed services. If you believe you or your family member would benefit from these services, please contact the PCT at 313-576-1000, extension 65770. You may also contact the PCT Coordinator, Christina Hall, LMSW, directly at 313-576-4962.

"Information for all Vets" If you have been searching the web for information on a particular item concerning vets, look no further! I received the [attached](#) from the Student Vet Association at the U of M, author unknown! Think you will find it most useful.

This document maintained by webmaster@am-legion-post328.org
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